



Hawaii Association For Play Therapy Newsletter

August 2009

President's Message



Linda Rivera

*Dedicated to the current and in-coming HAPT Board,
especially to Marilyn Choy-Gibson,
whose own thoughts inspired this message.*

During my tenure as President, the world has been in turbulent socio-political and economic times. And it seems that in some ways, HAPT has been a reflection of that. For example, both HAPT and APT have had a decrease in the number of members. APT reports that this is primarily due to economic reasons along with decreasing relevance of membership for the members. APT has sought to mitigate the effects of these factors by keeping membership fees unchanged and by providing grants for research into the efficacy of Play Therapy. The HAPT Board has attempted to respond similarly by minimizing the extensive costs involved in providing the 2009 HAPT Conference and by providing the internationally known Dr. Sue Bratton and Dr. Garry Landreth to share their expertise as presenters.

However, also reflective of the times, is the hope for change; a change that makes the world a better place. I am reminded of HAPT founder, Carla Sharp, and many others over the years such as Anita Trubitt, Sue Bergman, Christine Ahia, and our in-coming President, Nami Anne Dolan, who with passion and courage have nurtured HAPT since it's founding. In fact, I remember very fondly Linda Carr, Past-President of HAPT, who inspired me to join many years ago.

It is in Play Therapy that despite the chaos, something coherent and meaningful is made with the raw materials of toys, sand, paint, and clay. And as HAPT is itself now at the crux of change in a turbulent time, there is the hope that HAPT can only become a stronger force for the healing of our children. We have been blessed with the presence of the foundational members of HAPT to guide us, as well as having been blessed by the new members of HAPT who will lead us. It has been my humble intention to help us to navigate change while still being mindful of tradition. Please take the time to thank all of the HAPT volunteers. But, also, gratitude goes out to the members. Thank you all for the opportunity to be of service.

Linda Rivera, Psy.D.
HAPT President

Mahalo to board members...



Teresa Shigemasa

I have had the pleasure to serve in the Presidential Line on three separate boards from 2006-2009. The accumulation of experiences during those three years has taught me some invaluable lessons, personal and professional. I appreciate our founder Carla Sharp, and those who came before and laid the solid framework for this wonderful organization. I am in awe of the amazing talent, creativity, and dedication of the board members. I respect their determination to find innovative ways of keeping HAPT's mission of education and training intact, as we move through the beginning of this century and face challenges concurrent and reflective of modern life.

I am looking forward to re-entering the fold of membership, and vow to take the numerous lessons learned and apply them. In addition, I vow to be available to assist and shepherd others in the various tasks of the organization upon request. Ahhhh, time to enjoy sitting down at training and simply taking notes again!

Respectfully, your fellow member,
Teresa Shigemasa, LMHC, RPT-S



Peggy Brandt

As I prepare to finish my term as Secretary for HAPT, I wish to say thank you to all the members for their support of play therapy and the many things they do for children in Hawaii every day. I have always enjoyed volunteering for HAPT and anticipate more involvement in the future, but will be taking a break for a while to go on a short sabbatical with my husband. Thank you to the many people who have volunteered for HAPT during my two terms; I look forward to working and playing with you all again in the future.

Peggy Brandt, LMHC



Mary Greaney,
with son Kia'i

I want to thank the members of the board for their sense of humor and patience that they have shown during the course of this year. I have enjoyed the opportunity to be more involved in HAPT and to learn the task of managing the finances for a non-profit, volunteer organization. I anticipate continuing to be a HAPT volunteer and I encourage others to do so.

Mahalo, Mary



Lyn Lee, (with Dr. Gary Landreth and Inga Park-Okuna,
former board member, Program Chair and volunteer).

...although I have previously volunteered for HAPT at various capacities, serving as the member-at-large was my first experience as a board member. I gained a greater appreciation for current and past board members and volunteers. I experienced first hand that that without the time, dedication and efforts of all these individuals, members and the larger community would not have opportunities such as the workshops, annual conferences and the wonderful networking at these gatherings and through the Yahoo discussion site.

Aloha, Lyn Lee

Annual Membership Meeting

What: HAPT 2009 Annual Membership Meeting

Where: McCoy Pavilion at Ala Moana Beach Park
1201 Ala Moana Blvd., Honolulu , HI

(from Ala Moana Blvd enter beach park and stay on Ala Moana Park Drive . The McCoy Pavilion is a single story red-roofed building next to the tennis courts. Enter through the main gate and the meeting/dining area will be on your right a short distance down the walkway.)

When: Saturday, September 12, 2009

10:00 am-11:00 am: Meeting

11:00 am-12:30 pm: Potluck/Interactive Learning

1. Please bring a dish to share and your own beverages. Paper products and utensils will be provided by HAPT.
2. Please bring a favorite Play Therapy toy or intervention for the "Interactive Learning" segment.

UPCOMING TRAININGS

12th Annual Conference

Mark your calendars now...

February 25-26, 2010

with

David Crenshaw, PhD, RPT-S

Dr. Crenshaw works with children and adolescents. His areas of expertise include: bereavement, engaging resistant children in therapy, understanding and treating aggressive children.

Details to follow

Sponsored by the Hawaii Association for Play Therapy. Additional information will be posted on our website: www.hawaiiplaytherapy.net

Meet the Members.....



Jeanne Teleia, MS, MFT operates a private practice in her home office in Kaneohe/Kahalu'u. She is one of the only practitioners on the Windward coast, north of Kaneohe town.

After receiving her Master's in Family Studies and working for some years in program development (but always finding kids to play with), she discovered in the late 1990's that play therapy was a clinical field. She actually did her play therapy education and certification before she finished her MFT clinical education in 2000. "I knew if there was a play therapy field, that was for me. Play was one thing I knew I was good at!"

She works with children and families around issues of trauma, child abuse, substance abuse, attachment problems, divorce/separation, ADHD, anxiety and depression, self efficacy and stress and anger management. Jeanne is most interested in attachment and trauma issues since it seems to be a root cause for many social, personal and family problems.

Jeanne uses an integrative approach mainly focused on child directed and centered play therapy, parent training (including many filial play therapy, Parent-Child Relationship Therapy, and PCIT principles and practices), family play therapy and some cognitive behavioral techniques. In addition to the common play therapy approaches she also uses mind-body techniques such as EFT, body sensation, guided visualizations and most recently has received training in Ericksonian hypnosis. "I have been using this technique with adults and am ready to expand its usefulness to children and families. I see as it is extremely gentle and subtle, yet can cause significant shifts by evoking the resources within each person and family."

Jeanne also had seen a need for ADHD/social skills support groups for children, developed a curriculum and ran a couple of groups of 8-10 year olds successfully so far. She is always open to connecting with more children to start another group or one with a different age group.

In addition to the play therapy practice, Jeanne also sees adults, particularly those with abuse and trauma backgrounds and does some couple work. She sees all the work that she does as hopefully improving the lives of children since most of the adults she sees have children and subsequent family or parenting concerns. In fact, Jeanne's goal is to learn more about adult play therapy and how it could be another useful approach to allowing the unconscious to guide the healing work.

Jeanne can provide supervision to those working toward their MFT licensure. You can contact her at jteleia@gmail.com or 224-5008.



Michelle Birdsall, LCSW, and son Conner,
Former HAPT board member and long time volunteer



Liz Kong, MS, CSC, newly elected HAPT Member At Large



Nami Dolan, Med, NCC
President - Elect
(and long time HAPT board member and volunteer)

Looking for Play Therapy Supervisors?

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Hawaii Registered Play Therapy Supervisors

Members who are interested in receiving their credentials in play therapy (i.e., Registered Play Therapist), and/or those seeking counsel regarding those sometimes sticky complex cases, here's your opportunity! Below is an updated list of your friendly neighborhood Registered Play Therapist Supervisors who are extending their offers:

Carla Sharp, APRN, RPT-S, STA/ISST - Offers individual supervision by appointment and has held group supervision once a month for 13 years. Currently, group supervision is open to anyone and meets on the first Saturday of each month from 9am to 12pm at her office at 315 Uluniu Street, Kailua, #207. Attendees bring play therapy material and/or videos of their session for support and feedback. She has also created a Play Therapy Training Package which allows one to purchase 100 hours of training and 35 hours of supervision at a discounted rate. You can email her for more information at carla@carlsharp.com.

Teresa Shigemasa LMHC, RPT-S - Behavioral Health Specialist at Sunset Beach Elementary School on the North Shore. Please contact through email: tshigema21@yahoo.com Expertise is in the use of Play Therapy to address a host of diagnostic issues within the educational model. Willing to travel to a more central location for interested members.

Margaret Bubon Smith, MA, MFT, RPT-S - Currently the Director of Healthy Start at Child and Family Service on Kauai. Experience with foster care, child abuse, and preschool age children. She can be contacted at mgtbubon@hawaiiantel.net or via phone: 808-332-5200.

Anita Trubitt, LCSW, RPT-S - Private Practice with specialty in divorce/paternity cases where custody and visitation are issues. Supervision or consultation available. Contact through email: trubitt@hawaii.rr.com or by phone: 808-261-2524.

Laura Williams LCSW, RPT-S - Works for CFS in Waimea on the Big Island of Hawaii. Contact: 808-895-0989. Expertise is in attachment and children with autism.

More News

NEWSLETTER CONTRIBUTIONS WELCOMED: As always, we welcome contributions to the newsletter: review of play therapy literature tips or techniques you have found helpful; resources; upcoming trainings related to play therapy; letters to the editor, etc Please contact the new Member-at-Large memberatlarge@hawaiiplaytherapy.net.

REMINDERS:

If you received this edition of the newsletter by regular mail and prefer to receive it by email, please send your name and email address to memberatlarge@hawaiiplaytherapy.net To ensure that you receive all HAPT news in a timely manner, please inform us of any name or address changes. Mahalo!

To those of you who received this newsletter via email and do not wish to receive future email from HAPT, please type "Remove Me" in the subject line and return the email. As a reminder, past editions of our newsletters are available for viewing at our website: www.hawaiiplaytherapy.net.

CONTACTING HAPT:

Please visit us on our website at www.hawaiiplaytherapy.net. We can also be reached by writing to P.O. Box 176, Pearl City, HI 96782, or emailing members of the HAPT Board of Directors.

HAPT Board Members 2008-2009



Lyn Lee, Mary Greaney, Linda Rivera, Dr. Landreth, Peggy Brandt, Teresa Shigemura and Nami Dolan

Linda Rivera, President (drrivera@betterlifebydesign.com)

Nami Dolan, President-Elect (president-elect@hawaiiplaytherapy.net)

Teresa Shigemasa, Past-President (past-president@hawaiiplaytherapy.net)

Peggy Brandt, Secretary, (secretary@hawaiiplaytherapy.net)

Mary Greaney, Treasurer, (treasurer@hawaiiplaytherapy.net)

Lyn Lee, Member- at- Large, (lyn_jlee@hotmail.com)